

SPORTS SCIENCE AND THE SCHOLARSHIP OF MASTERS FOOTBALL COACHING:
*International-regional-local perspectives of masters tournaments, team and player
development/impact analysis*

Grants

SPORT ANALYSIS RESEARCH GRANT: LONGITUDINAL STUDY (Franks, I. & Hubball, H.). To investigate sustainable tournament/game formats, team and player development and impact experiences with 55-65+ teams/players in the *International Super Masters World Cup Football Tournament* (2017-2022).

BC Soccer Grant: 50-65+ Small-sided Football Development (3v3, 4v4, 5v5, futsal, & Competitive Walking Football) at UBC and local soccer venues (2020-2021).

PUBLICATIONS

Quality assurance and grassroots coaching practices for seniors' 55-70+ small-sided football initiatives: An integrated football and health perspective. International Science and Football Association Newsletter Publication (*in Press, 7th Ed. 2023*). Authors: Hubball, & Díaz-Cidoncha García (FIFA).

High Press M2M Team Defence in advanced-level 55+ small-sided football contexts. International Science and Football Association Newsletter Publication (*in Press, 7th Ed. 2023*). Authors: Hubball, Felton & Díaz-Cidoncha García (FIFA).

Hubball, H. T., & Díaz-Cidoncha García (2022). *Coaching Implications for Amateur/Grassroots 60+ Small-Sided Football: Strategic Team and Player Development in Local and International Contexts.* Invited Chapter. In T.M. Leeder (Ed.), *Coach education in football: Contemporary issues and global perspectives*: Routledge Publishers, UK.

Hubball, H.T., Díaz-Cidoncha García, J., & Faulkner, G. (2022). Mental health benefits of seniors' 50-65+ small-sided football: Coaching implications in local and international contexts. *International Science and Football Association Newsletter Magazine, 6th Ed.*

Hubball, H. T., Díaz-Cidoncha García (2022). Peer review of coaching in diverse international amateur/grassroots 50-65+ small-sided football contexts. *International Science & Football Association Newsletter Magazine, 6th Ed.*

Hubball, H. T., & Díaz-Cidoncha García, J. (2021). International Perspectives of Strategic Team and Player Development in Diverse Amateur/Grassroots 60+ Small-Sided Football Contexts. *Global Research in Higher Education, 4(1)*, 48-63.

Hubball, H.T., Díaz-Cidoncha García, J., Christensen, L. C., Kauppinen, R., Fox, G., & Robertson, S. (2021). Restarting the 2021 *International 60+ Masters Small-Sided Football World Cup* in Denmark During the Covid-19 Pandemic. *International Science and Football Association Newsletter Magazine, 5th Ed.*

Hubball, H. T., Díaz-Cidoncha García, J. & Robertson, S. (2021). Research methods to enhance amateur/grassroots football: Strategic inquiry for coach leaders/administrators. *International Science and Football Association Newsletter Magazine*, 5th Ed.

Robertson, S., Hubball, H.T., Christensen, L. C., Kauppinen, R., Fox, G., & Díaz-Cidoncha García, J. (accepted, 2021). Covid-19 Return to Play Safety Protocol for the 2021 *International 60+ Masters Small-Sided Football World Cup*. Chapter for the *International Journal for Sport & Society*.

Hubball, H. T., & Díaz-Cidoncha García, J. (2020). Research-informed and evidence-based quality assurance and enhancement in amateur/grassroots football: Strategic educational inquiry for coach leaders/administrators. *Global Research in Higher Education*, 3(4), 42-57.

Hubball, H.T., & Lopes, P. (2020). *Performance analysis in elite masters football: Strategic team and player development implications*. In M. Hughes and Ian M. Franks (3rd Edition), *Essentials of Performance Analysis in Sport*. New York, USA: Routledge.

Hubball, H.T., & Díaz-Cidoncha García, J. (2020). Strategic program development practices to enhance grassroots 55-65+ small-sided football in diverse international contexts: The art, science and politics of implementation. *Global Research in Higher Education*. 3(2), 34-51.

Hubball, H.T., Lopes, P., & Díaz-Cidoncha García, J. (2020). Team performance analysis in advanced 55-65+ small-sided football contexts. *International Science and Football Association Newsletter Publication*, 4th Ed.

Webb, B., Gainey, J, Hill, N., Christensen, L.C., & Hubball, H.T., (2020). Effective officiating practices for an International Masters 5-a-side World Cup Football Tournament. *International Science and Football Association Newsletter Publication*, 4th Ed.

Franks, C., Lilley, T., Hubball, H.T. & Franks, I.M. (2019). Injury prevention and performance enhancement: Tournament strategies for 055+ masters football teams and players. *International Science and Football Association Newsletter Publication*.

Hubball, H.T., Reddy, P., Sweeney, M., & Kauppinen, R. (2018). Development and impact of the International Masters 5-a-side World Cup Football Tournament (2006-2017). *The International Journal of Sport and Society*, 9(2), 1-17.

Hubball, Sweeney, Franks & Kauppinen (2018). Effective 3-a-side game formats and team strategies for advanced-level 055+ masters players. *International Science and Football Association Newsletter Publication*, 2, 14-16.

Krustrup P, Williams CA, Mohr M, Hansen PR, Helge EW, Elbe A-M, de Sousa M, Dvorak J, Junge A, Hammami A, Holtermann A, Larsen MN, Kirkendall D, Schmidt JF, Andersen TR, Buono, P, Rørth M, Parnell D, Ottesen L, Bennike S, Nielsen JJ, Mendham AE, Zar A, Uth J, Hornstrup T, Brasso K, Nybo L, Krustrup BR, Meyer T, Aagaard P, Andersen JL, Hubball H, Reddy PA, Ryom, K, Lobelo F, Barene S, Helge JW, Fatouros IG, Nassis G, Xu Jin Cheng,

Pettersen SA, Calbet J, Seabra A, Rebelo N, Figueiredo P, Póvoas S, Castagna C, Milanovic Z, Bangsbo J, Randers MB & Brito J. (2018). The "Football is Medicine" platform - scientific evidence, large-scale implementation of evidence-based concepts and future perspectives. *Scandinavian Journal of Medicine and Science in Sports*, 1-5.

Hubball, H.T. (2017). Sports Science Research Informing Practice: Sustainability of an International Masters/Veterans 5-a-side Football World Cup (2006-2022). ISAFA – *International Science and Football Association Publication, Newsletter Edition 1*, 24-25.

Reddy, P., Dias, I., Holland, C., Krustup, P., Campbell, N., Nagar, I., Connolly, L. & Hubball, H.T. (2017). Walking Football as sustainable exercise for older adults – a pilot investigation. *European Journal of Sports Science*, 17(5), 638-645.

Hubball, H.T., & Reddy, P. (2015). Impact of walking football: Effective team strategies for high performance veteran players. *The International Journal of Sport and Society: Journal of Sports Pedagogy and Physical Education*, 6(1), 13-27.

Hubball, H.T., Mitchell, S. & Reddy, P. (2010). Universities masters world cup soccer: Integrated sports science research and implementation of an international masters soccer community. *World Leisure Journal*, 52(1), 48-60.

Hubball, H.T. (2009). Context-based learning impacts on team development and performance outcomes: Critical preparations for the Masters/Veterans Futsal World Cup. *International Journal of Sport & Society*, 1(1), 20-35.

Hubball, H.T. (2010). No one-size fits all: Coaching considerations for Masters soccer programs. *NSCAA Soccer Journal*, May/June.

Hubball, H.T., Dumbrille, J., & Reid, J. (2009). Multi-media contributions to player development in a masters/veterans futsal team. *Transformative Dialogues Journal*, 3(3), 1-27.

Hubball, H.T., Lambert, J., & Hayes, S. (2007). Theory to Practice: Using the Games for Understanding Approach in the Teaching of Invasion Games. *Physical and Health Education Journal* 73(3), 14-20.

Hubball, H.T., & Butler, J. (2006). Learning-centred Approaches to Games Education: Problem-based Learning (PBL) in a Canadian Youth Soccer Program. *Journal of Physical Education New Zealand*. 39(1), 20-33.

Hubball, H.T. (2006). Effective Team Strategies: Developing 'game sense' in youth soccer programs. Submitted to *Strategies Journal for Physical and Sport Educators*, 19(5), 8-11.

Robertson, S., & Hubball, H.T. (2005). Coach-to-Coach Mentoring: Raising the Bar. *Strategies, Journal for Physical and Sport Educators*, 18(5), 6-10.

Hubball, H.T., & Robertson, S. (2004). Developing a Coaching Portfolio: Enhancing Reflective Practice. Strategies, *Journal for Physical and Sport Educators*, 18(2), 16-18.

Hubball, H.T., & Robertson, S. (2004). Problem-based Learning in a Youth Soccer Academy Program. *Journal of Physical, Health Education, Recreation and Dance*, 75 (4), 38-43.

Hubball, H.T., & Robertson, S. (2004). Field Trip Experiences Enhancing Team and Player Development in Youth Sports Programs. Strategies. *Journal for Physical and Sport Educators*, 17(4), 7-9.

Hubball, H.T., & Robertson, S. (2003). Player Selection Strategies for Youth Team Try-outs: Case Study Experiences with the INTER ubc Soccer Academy Program. Strategies. *Journal for Physical and Sport Educators*, 17(1), 7-11.

Hubball, H.T., (2002). PBL: Enhancing team and player development in a soccer academy program for grade 5's. CUPR research supplement, *Physical and Health Education Journal*, 68(3), 43.

Media Reports

2019 Guernsey Veterans Football Club Newsletter. "[Coaching Video: International Masters Small-sided Football for 50-65+ Players at the GWFA](#)". Published September.

2018 Bowen Island Undercurrent Newspaper Article. "*Three times Masters World Cup Winners: Inter UBC Trinations Masters Team Win the 2018 International Masters 5-a-side Football Tournament, Bristol, England*" Published February.

2018 Bowen Island Undercurrent Newspaper Article. "*Inter UBC World Cup Team win the 050s 8-a-side Football Tournament, Palm Desert Games, Palm Desert, CA, USA*" Published February.

2017 Bowen Island Undercurrent Newspaper Article. "*Inter UBC team winners of the 055s 3-a-side Football Tournament at TSS Soccer Centre, Richmond BC*" Published October.

2017 Bowen Island Undercurrent Newspaper Article. "*Inter UBC are runners-up in the 055 International Masters 5-a-side World Cup Football Tournament, Wales, UK*" Published June.

2013 Bowen Island Undercurrent Newspaper Article. "*Inter UBC Canada's tournament success continues by reaching the final against FC Barcelona in the 3-day World Clubs Cup Tournament in Spain*" Published May 22.

2013 UBC Public Affairs Article. "*Inter UBC Canada places second at 2013 World Clubs Tournament.*" <http://www.publicaffairs.ubc.ca/2013/05/30/ubc-this-week-30-may-2013/#94711>

2010 BBC Radio West Midlands, England. "*Opening ceremony by the University Vice-Chancellor drew upon the history of the event and the importance of the sports science research*"

symposium for masters soccer players, as well as the excellent facilities at Aston University to host the 3rd Masters/Veterans World Cup." <http://www.bbc.co.uk/iplayer/console/p0089mw6>

2010 Times Higher Education, England. *"As the 2010 FIFA World Cup gathered steam, Aston University last week played host to its own global football tournament, with more than a dozen masters/veteran teams from around the world taking part. The players in the six-a-side competition also attended a sports- science symposium focusing on practice-based research related to masters/veterans football"*

<http://www.timeshighereducation.co.uk/story.asp?sectioncode=26&storycode=412151&c=1>

2010 Bowen Island Undercurrent Newspaper. *"Team Canada's golden generation world cup team was crowned runners-up in the 3rd Veterans/Masters 6-a-side World Cup Football Tournament held in England, June 2010. Winners of the back-to-back 2006 and 2008 Masters/Veterans World Cup tournaments, Team Canada's Over-50's travel to Turkey in March 2011 to try to regain the trophy for a record 3rd time."*

2010 Birmingham Mail Newspaper, England. *"A dozen teams travelled to Birmingham from as far as Canada and Turkey for the Over-45s World Cup Masters. Germany were crowned the overall winners and runners-up Team Canada received medals"*

<http://www.birminghammail.net/news/top-stories/2010/06/21/alternative-world-cup-sees-the-over-45s-team-gb-outscore-the-england-team-97319-26690755/>

2008 North Shore News newspaper article. "Smart Soccer" Feature article on the Inter UBC Masters/Veterans defence of Worldcup Title record and team success.

2006 Vancouver Sun newspaper article. "Athlete of the Week" Feature article on the Inter UBC Masters goalkeeper and the impressive defensive record and team success.

2006 North Shore News newspaper article, "UBC Team Takes the Cup" Universities Masters' World Cup report.

2006 The Undercurrent newspaper article, "Local Athletes Undefeated" Feature article about the Over-45's World Cup Soccer Tournament and participating teams from England, Turkey, USA, Canada, Switzerland, West Indies and Ireland. Victorious celebrations by the Canadian Inter UBC team.

2002 The Province Newspaper article, "He keeps kids in touch", description of holistic soccer experiences and excellence for grade 5 boys in the INTER UBC Soccer Academy leading to an England soccer trip and competition with Liverpool, Aston Villa and Everton Premier League Youth Football Academies.

2002 BCIT Community TV Feature, "England Soccer Tour for Grade 5 Players in the INTER UBC Soccer Academy Program", Player and coach profiles with description of unique soccer development program.

2001 BCTV Program Feature, “INTER UBC Soccer Academy Program”, description of research informing soccer excellence in a program for Grade 5 children at UBC.

2001 The Vancouver Sun newspaper article, “Smaller can definitely be better: INTER UBC Soccer Academy Program is changing the way that soccer is taught”, description of overseas field trip and learning experiences for Grade 5 children at UBC.

2000 The Vancouver Courier newspaper article, “Homework part of Hubball’s winning program”, description of research-based soccer development program for Grade 4 children at UBC.

2000 Province Newspaper article, “Hubball scopes the best in world”. Description of research informing soccer excellence in a program for Grade 4 children at UBC.

2000 UBC Reports newspaper article, “Program offers youth a kickstart”. Description of Hubball’s research-based soccer development program for Grade 3 children at UBC.