



# Thinking About Indigenous Foodways

Wednesday December 13th, 2023 | 4:00 - 6:00 p.m. \*PDT

\* PDT - Pacific Daylight Time

## Webinar speakers

Dr. Shannon Leddy (Host & Moderator) | University of British Columbia, Canada

Dr. Charlotte Coté | University of Washington, USA

Dr. Tabitha Robin | University of British Columbia, Canada

Dr. Priscilla Settee | University of Saskatchewan, Canada

Indigenous peoples have always held a relationship with the land and non-human species that has enabled long and healthy lives. Indigenous people managed their food systems in different ways to contemporary Western industrial agricultural practices. Colonisation and Western practices have interfered with and disrupted the pre-existing and sustainable food systems of indigenous Peoples. These changes have interfered with traditional cultural practices and contributed to what we now understand as climate change.

This webinar offers some insights into how Indigenous Food Systems can contribute to different understandings about food and where it comes from in sustainable ways.

REGISTRATION IS FREE

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Dr. Charlotte Coté is a Professor in American Indian Studies at the University of Washington in Seattle. She is from the Nuu-chah-nulth community of Tseshaht on the west coast of Vancouver Island. Dr. Coté has dedicated her personal and academic life to creating awareness around Indigenous health and wellness issues and to working with Indigenous peoples and communities in revitalizing their traditional foodways. Her current book, *A Drum in one Hand, A Sockeye in the Other. Stories of Indigenous Food Sovereignty from the Northwest Coast* (UW Press, 2022) examines how cultural foods play a major role in physical, emotional, spiritual, and dietary wellness. She is also the author of the book, *Spirits of Our Whaling Ancestors. Revitalizing Makah and Nuu-chah-nulth Traditions* (UW Press, 2010) as well as numerous articles. Dr. Coté serves as series editor for the UW Press' Indigenous Confluences Series. She is the founder and chair of UW's annual "Living Breath of wəṭəbʔaltxw" Indigenous Foods Symposium.

Dr. Tabitha Robin is a professor at the University of British Columbia in the Department of Land and Food Systems. Her research explores the processes and practices of Indigenous food systems, particularly factors that affect Indigenous peoples' food sovereignty. Current research includes how Indigenous knowledges can be used as food literacy; the reclamation of Indigenous seed knowledges; practices of love and care for the land; and Indigenous land-based education and wellness. Dr. Martens' highly cited publications include *Beyond food security: Understanding access to cultural food for urban Indigenous people in Winnipeg as Indigenous food sovereignty* (2016) and *Intersectional and Indigenous feminist food studies* (2021).

Dr. Priscilla Settee is an Indigenous Studies professor emeritus at the University of Saskatchewan. Her area of work includes the importance of acknowledging and promoting community based Indigenous food systems both locally, nationally and internationally, and its link to the health of First Nations people and the environment. The Gwen Leslie Health Protection Lecture is an apt event to showcase Dr. Settee's published work centered around food security and sovereignty for Indigenous communities including those throughout the globe as an essential part of their wellbeing. Her co-edited book *Indigenous Food Systems: Concepts, cases and conversations* (2020, Canadian Scholars) is essential reading.